



# PLEDGE SHEET INFORMATION

## Thank You for Your Interest in the Dove Dash & Dog Dash!

1K/5K Walk/Run & Pancake Breakfast. Enclosed is your pledge sheet packet. The following information will help you complete your goal and solicit financial support for your program at High Hopes.

### Event Overview

The Dove Dash & Dog Dash is a fun, community event where you'll receive:

- A t-shirt.
- A dog bandana (for our four-legged friends).
- Your pledge sheet.
- A pancake breakfast at the finish line.

### This year's Dog Dash category includes special recognition for our canine participants!

- Awards & Deadlines.
- The top five participants who collect the most money will receive prizes at High Hopes in October.
- Prizes will be tailored to the needs of each winner.
- All funds must be received by October 22 to be eligible for awards.

### Why We Run (or Walk!)

Every student at High Hopes receives scholarship assistance to cover the gap between monthly payments and the actual cost of providing services.

### Choosing Your Race

Your goal: Complete a 1K or 5K race

- Mark can help you decide which distance is best and how to prepare.
- Wheelchairs, scooters, and walkers are welcome!
- Please bring a companion to assist you during the event.

### Registration Details

No cost for you and your caregiver if you are obtaining pledges.  
Additional companions must register as participants.

### Fundraising Tips

Ask for pledges in person, through friends and family, or online.

Share your story to raise awareness about brain injury prevention.

Use tools like email, social media, or GoFundMe.

For online fundraising materials, email: [DoveDash@HighHopes.ws](mailto:DoveDash@HighHopes.ws)

Thank you for making High Hopes possible!  
Mark



## PLEDGE SHEET

To High Hopes students, family members, friends of the brain-injured, stroke, and M.S. individuals: Please support the High Hopes Scholarship Fund by obtaining pledges to support this individual's goal of completing the 1K/5K walk/run that is being held on Saturday, September 27, 2025, at the beautiful Dove Canyon Community (22682 Golf Club Dr. Trabuco Canyon, CA 93679).

100% of High Hopes individuals receive some amount of scholarship assistance in order to attend this necessary and vital program. Your support ensures the success of High Hopes. We do not give up on anyone but rather find successful solutions for each person. High Hopes is a nationally recognized one-of-a-kind rehabilitation program dedicated to helping the brain-injured recover their lives. Your support makes High Hopes possible.

Name: \_\_\_\_\_ My goal is to complete the \_\_\_\_\_K walk or run on Saturday, September 27, 2025. Please support me by pledging funds on this sheet.

## PAYMENT

Make checks payable to High Hopes and use the attached envelope (please write at the bottom of the check the person's name you are supporting).

Pay online: Go to [www.HighHopes.ws](http://www.HighHopes.ws) and click on the donation tab or scan the QR code----->

High Hopes is a 501c3 charitable organization and all donations are tax deductible. We are thankful for any amount you pledge.







